

PRESBYTERIAN CHURCH

Vol. 52, No. 3 & 4

Hello everyone,

On Sunday, February 23, as we looked to the start of our Lenten journey this year, I invited you to consider fasting together as a congregation. I have heard from a number of individuals who have accepted this invitation to fast through this season. I want to offer a few reminders as you consider a fast and as you begin your fast.

First, if you have a medical condition or if you are on any medication, please talk to your doctor before you begin any fasting discipline. The purpose of fasting is to open ourselves to the work and presence of God in our midst. It is a way of embodying prayer. It should not be undertaken in a way that puts the body at risk.

Second, I encourage you to start small. As prayer, fasting is communion between you and God. It is not an occasion for heroics, and it is certainly not a competition. I encourage you to be good to yourself as you begin. Perhaps you might consider fasting one meal a week. If you have some experience with fasting, you will have a better sense of where your limits are.

It may be worth pausing here to expound on limits. What do I mean when I speak of the limits of fasting? A couple things are worth mentioning. It goes without saying that your body will let you know when it misses a meal it is accustomed to receiving. People often anticipate this sort of struggle. Just how much a struggle it is will vary from person to person. This is why it is so important that you do not compare your fast with someone else's. Fasting can also cause you to experience emotions you have been suppressing or avoiding. This can be especially true if

you use food to manage emotions, and you may or may not have a conscious awareness of this prior to fasting. Again, this is particular to each person. This element of fasting can come as a surprise. Another limit is practical and has to do with your relationships. Eating together is a powerful bonding experience for human beings. Fasting can disrupt these relationships. This can be especially true in relationships where the other person does not know you are fasting. I would encourage you to be flexible in these moments. In my experience, it is almost always better to break your fast for the sake of these relationships and then to begin your fast again. You can always extend your fast by a meal.

Third, fasting is not an end in itself. It is prayer, and as is true with all prayer, its end is God. When you hunger, and when you become aware of emotions that have been hiding, I encourage you to turn more fully to prayer. It is this turn to prayer that allows fasting to blossom fully. You can pray to God with whatever is on your mind, or you can use a regular prayer to seek God in such moments. If you are unsure, I would suggest one of two short prayers: the Jesus Prayer and a petition to the Holy Spirit. The Jesus Prayer is, "Lord Jesus Christ, Son of God, have mercy on me, a sinner." A petition to the Holy Spirit I often use is, "Holy Spirit, Lord and Giver of Life, abide with me, and grant that I may always abide with you."

Fourth (and lastly), I encourage you to not engage in small talk around your fasting. I do not mean that you should not share with those who are helping to hold you accountable to your fast. That sort of sharing can be a real help and

March & April, 2020

support. But remember that fasting is prayer. I do not imagine you share your prayers in a casual manner. I encourage you to treat your fast the same way.

I look forward to seeing you in worship!

Mission Statement

Following Jesus. Growing together. Sharing God's love with neighbors near and far.

OUR LENTEN JOURNEY LEADS TO THE RESURRECTION

Palm Sunday, April 5 (One Great Hour of Sharing Offering)



Holy Week *Maundy Thursday Communion, April 9 - 7:00 p.m., Sanctuary

Good Friday Service, April 10, 12:00 p.m., Sanctuary Stations of the Cross, 10 a.m. - Sunset **Stations of the Cross for families: 4:00 p.m.

Easter Service, April 12 - 10:00 a.m.

*Childcare will be provided for services. **Nursery care provided from 4:30 - 6:00 p.m. for children under 2 years old for Stations of the Cross for families

Save the Dates

You are invited to join with your friends in LVHPC's annual family camping weekend.

When: June 18-21 (Thursday – Sunday or any part)

Where: Serrano Campground near Big Bear. Lots of things to do in the vicinity...hiking, visitor center, Big Bear attractions, historic museum, lake activities, fellowship, relaxation, family fun, and more. Both tents and RVs (no hookups) are welcome.

If you have never camped or are new to camping, this is a wonderful way to experience the fun by sharing sites with experienced LVHPC folk. Serrano is a highly rated campground with showers, flush toilets, and features a fine lakeside jog/walk/bike path nearby. A 5:00 group dinner is a part of Saturday's activities. If you don't care to camp, just come for the day and experience the mountains and the dinnertime food and fellowship. For more information or to sign up, contact Keith or Marge Lentz (909 599 5972) or Brian Ebersole (909 816 3935).

A shared site has been reserved for **YOU** but space is limited. Early sign-ups encouraged! Overall cost is determined by the number of participants. (usually between \$15 and \$25 per person). Remember it will be **Summer** and Serrano is the **COOL** place to be!

Check it out!

LVHPC member, Linda Garcia-Dahle is currently part of an exhibit being held at the Sam and Alfreda Maloof Foundation, an affiliate of the Smithsonian Museum. The exhibit is in two parts, "Preserving Creative Spaces", a nationally touring exhibit featuring photographs of America's artists and their historic homes/studios, and "A Thriving Artist Community" showing 50 regional artists in their home/studios. The exhibits will run from February 1 through June 6th, 2020 and are being held in the Jacobs Center. The Sam and Alfreda Maloof Foundation is located at 5131 Carnelian St., Rancho Cucamonga.

Who Am I?

I was born in Tae-Gu S. Korea on an army base. I've been and lived in many places. I've spent most of my life in southern California. During my life I have loved various activities and hobbies such as walking, bicycle, martial arts, dancing, drawing, singing, music. I love being active and love to draw and do anything with any art. I still know karate and I still know karazy...lol!

I am overwhelming for some people. I have been through a lot, and I have a lot to share. I've danced with the devil. I forgive to a fault. I am in Love with Love and in Love with God. I am very spiritual.

I am married to the love of my life and the Life of my love. I have a perfect son who is made up of everything good that his father and I had to share. He is the best of us. We are together against all odds. We are all about cuddle time. We've been through a lot together. We are in love with each other.

I am a domestic Engineer and a Volunteer art teacher at my son's school.

I have been attending LVHPC for 12 years and my faith leads my life. God is Love. I'm in Love with God. Who Am I?

Windsong Southland Chorale GALA/Fundraiser, Dr. Janet Harms, Artistic Director

Celebrate our 25th Silver Anniversary Jubilee Luncheon, Concert, Silent Auction, Entertainment

Saturday, April 25, 11:30am

Mountain Meadows Golf Club 1875 Fairplex Drive, Pomona

\$40 per adult, \$18 per child, under 12. Check and menu choice must be mailed and received by April 6. Contact Marilyn Sousa, <u>marilynmusic11@gmail.com</u> to request an email invitation and Menu Response card.

March Birthdays	<u> </u>	April Birthdays	6
Allie Beck Beryl Fordyce Jim Sites Patricia Guild Lucas Glaze Shelley Ulrich Nikola Magana Allie Price Cyndie Fornoth Don Ebersole Todd Rasmussen Kathy McClellan Steve Salyards Dick Silberberger Lyn Riggs Keith Lentz	3/3 3/4 3/7 3/8 3/9 3/10 3/13 3/13 3/18 3/21 3/23 3/25 3/25 3/25 3/25 3/26 3/27 3/29		4/1 4/2 4/5 4/7 4/12 4/18 4/18 4/18 4/18 4/19 4/20 4/20 4/20 4/20 4/20 4/20 4/20 4/27 4/29 sing from these lists, please call and she will put you in!

Page 4	Vista				
ALL CHURCH					
CHILDREN	YOUTH				
LVHPC Kids' Programs (for children ages birth - 5th grade)	Student Ministries (6th - 12th grade)				
Nursery care : Birth to 2 years old 9:45 a.m 12:15 p.m.	Second Hour Sunday School 11:30 a.m 12:15 p.m. Meets in the Youth Room				
Children's Church (Dismissed from worship). Sundays: 10:30am - 11:15am	Youth Group 5:00 - 6:30 p.m.				
Children's Recess & Snack (after worship) 11:15 - 11:30 a.m.	Meets in the Youth Room (unless otherwise listed in the				
2 nd Hour Enrichment (age 2 - 5th grade)	What's Happening weekly calendar)				
	ADULTS				
LVHPC Men's Breakfast	Women's Bible Study - Tuesdays, 9:00-11:00 a.m Laird Hall				
When? 3rd Saturday every month 7:30 through 9:30 a.m.	We are studying Galatians 5:22, The Fruit of the				
Where? Laird Hall, LVHPC 1040 Baseline Road, La Verne	Spirit. Call Linda Sites (909) 599-8051,				
What? Food (bring your favorite breakfast goodie to share) Good stories Sharing and fellowship Bible Study and Prayer	if you want more information.				

LVHPC 101 - Wading In

I We are excited to offer the LVHPC 101 class again. The class is structured around the three points of our Mission Statement with a week each on Following Jesus, Growing Together, and Sharing God's Love with Neighbors Near and Far.

During this time together we focus on our Mission Statement, Scripture, and our Presbyterian roots. We also get to know each other and how we can live into our Mission Statement.

I While this is an exploration class, at the conclusion an opportunity will be available for next steps, including membership in LVHPC.

The three-week class will meet after worship for about an hour on April 19, April 26, and May 3 in the church library.

If you have questions, would like more information, or want to let us know you are coming you can contact I Joanne or Steve Salyards.

We look forward to having you join us and the opportunity to get to know you.



Selene Magana

Meals on Wheels

I would like to thank LVHPC for you continued prayers and support for the La Verne and San Dimas Meals on Wheels (MOW) program. Last year we served over 15,000 melas to our local residents. We deliver approximately 675 a day to recipients who are unable to prepare meals for themselves. Currently we are providing six recipients with partial or full Meal ships daily due to the generosity of our Mission Ministry Group, church members and other community residents.

Unfortunately, MOW is in dire need of volunteers for board members and people willing to deliver these meals to our recipients. Being a MOW volunteer requires very little commitment of your time and offers great satisfaction. Volunteers whose their own schedules and most volunteers work one day a week for about two hours during lunch hours. Volunteers need to be 18 yeas of age to drive. This is a wonderful experience to get to know people in our community that are either homebound and or unable to prepare their own meals. It is a joy to receive their welcoming smiles and share in being a small part in their daily lives. For many of our recipients, you are the only person that the recipient sees during the day. The rewards of helping deliver meals brings a great sense of pride in serving others in our own community that are in need. Please contact Marcia Edmondson, (909) 992-9900 or leave a message on the MOW message line (909) 596-1828. Thank you.

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LVHPC SENIOR LUNCH PROGRAM The senior lunch program is still being held on the 3rd Sunday of each month in the Hillcrest Dining Room at 12:15. There are usually about 16 seniors joining together for lunch and to enjoy each other's company. It's a wonderful way to get to know each other and discuss items that are of concern to sen- iors. We welcome anyone in the age group to join us and share lunch and special memories we all have. - Beryl Fordyce	Dearest Brothers and Sisters in Christ, Thank you for receiving me with such love. I truly have missed being among you. Am so very sorry that it was such a rushed visit. Yet, I am grateful to have shared a little of what God is doing in Cuba and our hopes for our new ministry in the Dominican Republic. Seeing familiar and new faces is encouraging. I pray that your beloved community will continue to be blessed. Thanks to All, Josey & David "God's kingdom is the place of abundance where every generous act overflows it's original bounds and becomes part of the unbounded grace of God at work in the world." 2 Cor. 9
HABITAT FOR HUMANITY UPDATE HABITAT FOR HUMANITY UPDATE The Upland house is apparently in the home stretch. I asked for a work date in March and was told big donors and corporate groups had the calendar pretty well filled. The house is expected to be done by the end of March. I've asked to be informed of the date for the dedi- cation. I'll let you know if and when I hear. Many thanks to all who worked so hard on this project Judy Pfeifer	SATURDAY QUILT DATES IN 2020 MARCH 14 April 11 9:00-3:00 May 9 June 13 July 11 August 8 September 12 October 10 9:00 - 3:00 November 14 December 12 Time is from 9:00-12:00 in Laird Hall unless noted otherwise. For more information, contact the church office at (909) 593-1017

MINISTRY GROUPS

Circle of Love for Provídence Kenya

Please Join Us for the 17th Annual Providence Children's Home Dinner & Fundraiser Featuring Cirque Mirage & Randy Miller

> Apríl 18, 2020 at 5:30pm Doubletree Hotel 555 W. Foothíll Blvd. Claremont, CA 91711

RSVP by April 11th to Bill Corrette at (909) 973-0120 Salmon, Prime Rib, or Vegetarian Dinner Cost \$60.00 per person

Credit Cards accepted during the evening

Vista

MINISTRY GROUPS

PROVIDENCE CHILDREN'S HOME JUNE 2020 MISSION TRIP

The PCH June mission trip planning has been underway for the past four months. There are 26 people signed up for the trip; 7 from Ohio, 19 from Southern California, including 6 from LVHPC. In terms of projects, this is by far the most ambitious mission trip to Providence ever. The team hopes to accomplish the following projects:

I > Place a laptop computer, projector, document camera and technology table in every classroom

- I > Install electrical outlets in every classroom
- I > Install a campus wide internet infrastructure
- I > Conduct staff development on how to use technology effectively in the classroom
- > Organizing a two day health clinic for the local community who can't afford health care
- > Install solar water heaters at the two orphanage homes
- > Take the orphanage girls and their caretakers on an overnight field trip
- > Take the PCH staff to dinner as a token of our appreciation for all they do
- > Organize daily activities for the orphanage girls and school children

As you can see, this is a huge undertaking but one the team feels they can accomplish with God's guidance. If you would like to support this effort, you can do so in two ways. You can donate for the projects directly. So far the team has raised \$30,000 of the \$50,000 needed to do everything mentioned above. Another way you can support and make a personal connection at the same time, is by sponsoring a child or adult caretaker for the field trip or staff appreciation dinner event. For <u>\$100</u> you can select a PCH child or caregiver to sponsor. You will receive a photo of the person you are sponsoring along with information about them. You will be asked to write a letter of encouragement to the sponsored person that the team will hand deliver for you. The sponsored person will write a letter back about their experience on the field trip or staff appreciation dinner and the team will deliver that letter to you when they return.

Most staff, and certainly all the orphanage girls, have never stayed at a hotel before. The overnight field trip will be a new experience for them as well as taking them to a nearby amusement/water park. The hotel reserved is the BTL Christian Retreat Center, a two-hour drive from PCH, where the kids will enjoy the three swim pools and all the meals prepared by the hotel staff. Sponsorships can be done individually or by a group, such as a life group, a children's Sunday school class, a family, etc.

Sponsorship cards will be available after Sunday services or you can contact Bill Corrette at (909) 973-0120 or by email at kecorrette@verizon.net for more information.

Glad Tidings India

Thank you for your generous support of Glad Tidings Indiia's Literacy classes and sewing machines. Her is one grateful woman's story:

Mrs. R. Nandini is a housewife. As she was illiterate, she joined the Adult Literacy class in 2016. Now she is an educated lady and she was joined as a laborer in a cotton mill learning tailoring, working for daily wages. Now we selected her for a tailor machine presentation and awarded her. Her income increases. Page 8

WHOT'S HAPPENING AT LVHPC IN MARCH



MARCH 1

9:00am	Rehearsals
10:00am	Worship
11:40am	Brass Rehearsal
4:00pm	Windsong Concert
4-6:00pm	Laird Hall Task Force
	Meeting (Laird)
5:00-6:30pm	Youth Group
MARCH 2	
5:00pm	Handbell Rehearsal
6:30pm	Windsong Rehearsal
MARCH 3	
9:00-11:00am	Women's Bible Study (Laird)
9:00-11:00am	Grace Bible Study
	(Youth & Nursery)
MARCH 4	
11:30am	Staff Meeting
6:30-8:00pm	Alanon Meeting (Youth)
7:00-8:30pm	Men's AA (Laird)
MARCH 5	
7:00pm	Session Meeting (CFC)
7:30pm	Choir Rehearsal
MARCH 6	
8:00-9:30pm	Men's AA (Laird)
MARCH 8	
9:00am	Rehearsals
10:00am	Worship
11:30am	Moderator's Meeting
	(Library)
11:30-12:15pm	Lent Art Project
	(Laird)

11:40am	Brass Rehearsal
5:00-6:30pm	Youth Group (You
MARCH 9	
5:00pm	Handbell Rehears
6:30pm	Windsong Rehears
MARCH 10	-
9:00-11:00am	Women's Bible Stu (Laird)
9:00-11:00am	Grace Bible Study (Youth/Nursery)
MARCH 11	()/
11:30am	Staff Meeting
9:00-10:30am	Meals On Wheels Board Meeting (Yo
5:00nm	Worship Creative
5:00pm	
6:30-8:00pm	Alanon
MARCH 12	Decessia Meeting
7:00pm	Deacon's Meeting
7.00	(Laird)
7:30pm	Choir Rehearsal
MARCH 13	
5:30-6:30pm	Girl Scouts (Laird)
8:00-9:30pm	Men's AA (Laird)
MARCH 14	
9:00-12:00pm	Quilt Day (Laird)
MARCH 15	
9:00am	Rehearsals
10:00am	Worship
11:30am	Lent Art Project (La
11:40am	Brass Rehearsal
5:00-6:30pm	Youth Group (You
<u>MARCH 16</u>	
5:00pm	Handbell Rehears
6:30pm	Windsong Rehears
<u>MARCH 17</u>	
9:00-11:00am	Women's Bible Stu (Laird)
9:00-11:00am	Grace Bible Study
5.00-11.00am	(Youth/Nursery)
MARCH 18	
11:30am	Staff Meeting
6:30-8:00pm	Alanon Meeting (Y
7:00-8:30pm	Men's AA (Laird)
MARCH 19	
7:30pm	Choir Rehearsal
MARCH 20	
8:00-9:30pm	Men's AA (Laird)

MARCH 21 7:30-9:30am Men's Breakfast (Laird) outh) MARCH 22 sal 9:00am Rehearsals 10:00am Worship arsal 11:30am Lent Art Project (Laird) Study 11:40am Brass Rehearsal 5:00-6:30pm Youth Group MARCH 23 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal MARCH 24 8:00-5:00pm Census Training Mtg. Youth) (Youth Room) e Team 9:00-11:00am Women's Bible Study (Laird) MARCH 25 8:00-5:00pm Census Training Mtg. (Laird) 11:30am Staff Meeting (CFC) 6:30-8:00pm Alanon Mtg (Youth) 7:00-8:30pm Men's AA Mtg (Laird) MARCH 26 8:00-5:00pm Census Training Mtg. (Laird) 7:30pm Choir Rehearsal MARCH 27 8:00-5:00pm Census Training Mtg. (Laird) (Laird) 8:00-9:30pm Men's AA Mtg (Laird) MARCH 29 outh) Rehearsals 9:00am 10:00am sal Worship Lent Art Project (Laird) 11:30am arsal 11:40am Brass Rehearsal Study 5:00-6:30pm Youth Group (Youth) MARCH 30 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal **MARCH 31** 9:00-11:00am Women's Bible Study Youth) (Laird) 9:00-11:00am Grace Bible Study (Youth & Nursery)

The Vista is published by the La Verne Heights Presbyterian Church PASTOR: Rev. Jonathan Hughes PARISH ASSOCIATE: Rev. Lauren Evans CHILDREN'S MINISTRY DIRECTOR: Peggy Tomita NURSERY CARE AIDE: Vanessa Gomez MUSIC MINISTRY DIRECTOR & ORGANIST: Dr. Janet Harms WORSHIP BAND LEADER: Jared LeShana AUDIO ENGINEER: Esteban Frausto OFFICE COORDINATOR: Jenny Hansen-Brown BOOKKEEPER: Brooke Smith CUSTODIAN - Darrell Crockom Vista

₩H@TS HAPPEDIN® AT LVHPC IN APRIL

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April 2020						
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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

APRIL 1

11:30am Staff Meeting 6:30-8:00pm Alanon (Youth) 7:00-8:30pm Men's AA (Laird) APRIL 2 7:00pm Session Mtg (CFC) Choir Rehearsal 7:30pm **APRIL 3** 8:00-9:30pm Men's AA (Laird) **APRIL 5** Palm Sunday 9:00am Rehearsals 10:00am Worship 11:40am Brass Rehearsal 4:00-6:00pm Laird Hall Task Force 5:00-6:30pm Youth Group APRIL 6 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal **APRIL 7** 9:00-11:00am Women's Bible Study (Laird) 9:00-11:00am Grace Bible Study (Youth/Nursery) **APRIL 8** 11:30am Staff Meeting 6:30-8:00pm Alanon (Youth) 7:00-8:30pm Men's AA (Laird) Maundy Thursday APRIL 9 7:00pm Maundy Thursday Service (Sanctuary) APRIL 10 **Good Friday** Stations of the Cross All Day

12:00pm Good Friday Service 8:00-9:30pm Men's AA (Laird) APRIL 11 9:00-3:00pm Quilt Day APRIL 12 Easter Sunday 9:00am Rehearsals 10:00am Worship No Youth Group today APRIL 13 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal **APRIL 14** 9:00-11:00am Women's Bible Study (Laird) 9:00-11:00am Grace Bible Study (Youth/Nursery) APRIL 15 11:30am Staff Meeting 6:30-8:00pm Alanon (Youth) 7:00-8:30pm Men's AA (Laird) APRIL 16 7:00pm **Deacon Meeting?** Choir Rehearsal 7:30pm APRIL 17 **Girl Scouts** 5:30-6:30pm 8:00-9:30pm Men's AA (Laird) APRIL 18 7:30-9:30pm Men's Breakfast (Laird) 6:00pm Providence Home Dinner/Fundraiser (Double Tree) APRIL 19 9:00am Rehearsals 10:00am Worship LVHPC101-Wading In 11:30-12:15 Brass Rehearsal 11:40am 12:15pm Sr. Lunch @ Hillcrest 5:00-6:30pm Youth Group (Youth) APRIL 20 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal APRIL 21 9:00-11:00am Women's Bible Study (Laird) 9:00-11:00am Grace Bible Study (Youth/ Nursery)

APRIL 22 11:30am Staff Meeting Alanon (Youth) 6:30-8:00pm 7:00-8:30pm Men's AA (Laird) **APRIL 23** 7:30pm Choir Rehearsal APRIL 24 8:00-9:30pm Men's AA (Laird) **APRIL 26** 9:00am Rehearsals 10:00am Worship 11:30-12:15 LVHPC 101-Wading In 11:40am **Brass Rehearsal** 5:00-6:30pm Youth Group **APRIL 27** 5:00pm Handbell Rehearsal 6:30pm Windsong Rehearsal **APRIL 28** 9:00-11:00am Women's Bible Study (Laird) 9:00-11:00am Grace Bible Study (Youth/Nursery) **APRIL 29** 11:30am Staff Meeting 6:30-8:00pm Alanon (Youth) Men's AA (Laird) 7:00-8:30pm APRIL 30 7:30pm Choir Rehearsal

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